

# Physical Education

**Examination Board:** AQA (GCSE) and Edexcel (BTEC)

**STAFF CONTACT:**  
Miss K Sewell

**Graded: From 9 - 1 (For GCSE PE)**

This range of courses gives students opportunities to improve practical performance and develop knowledge and understanding of the benefits of sport on life-style and well-being.

There are three courses available to choose from; students will pick one course guided by PE staff and dependent on their performance in KS3.

## Physical Education

This GCSE course stimulates understanding for sport in society, whilst improving students' practical performance in a range of activities. Students will have the opportunity to organise sporting events and create sporting opportunity for others. Students choosing this option must have a genuine interest in sport, be willing to attend the one week residential, and must attend 1 hour revision after school every week and attend extra-curricular clubs in order to improve practical performance.

This GCSE is weighted 40% practical and 60% theory. The practical aspect of the course involves being assessed in a variety of activities with four best marks going towards the final grade. The theory element of this course is assessed by two written examinations at the end of Year 11.



## BTEC Sport

This course stimulates students' understanding for sport in society, whilst improving practical performance in a range of activities. Students will have the opportunity to organise sporting events and create sporting opportunity for others. This course is assessed by completing coursework and one computer-based exam. The course covers topics such as fitness, psychology in sport, first aid, leadership, organisation of sporting events, nutrition and much more. Students will complete two lessons of practical PE, covering individual and team sports and fitness work.



