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Dear Parent/Carer

As part of the school's Personal, Social and Health Education programme, your child will soon receive a unit of lessons on relationships, sexual health and personal safety. The lessons will commence from the week of the 4<sup>th</sup> June 2018.

The purpose of the upcoming unit is to provide knowledge and understanding of safe and healthy relationships based on love and respect. This is to encourage the eventual development of safe and healthy relationships in later life. The unit will develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- Foster self-awareness and self-esteem.
- Develop a sense of responsibility and respect for themselves and others.

You are welcome to contact me to discuss the programme further.

Yours sincerely

*V. J. Simcock*

Vicky Simcock  
Headteacher

